

MILES E. THOMAS

1300 Nesbitt Drive Virginia Beach, VA 23453 · 757-927-3288

MilesEmmanuel0429@gmail.com

Responsible, articulate and ambitious student with excellent time management. Seeking to secure a part time job that allows me to gain valuable work experience while also providing an opportunity to contribute to a team.

WORK EXPERIENCE

Virginia Beach City Parks & Rec. SYEP June - August 2024 - Junior Library Assistant

- Operate standard office equipment
- Work the SRC desk, assisting customers with SRC registration, and utilizing Beanstack software to distribute prizes.
- Assist with organizing SRC supplies and requesting restock of materials as needed.
- Work with branch leadership to assist with SRC programming when applicable.
- Other duties as assigned during quieter shifts.

Papa John's Pizza on South Independence June 25 2025 - Present - Insider

- Operate the register and take customer orders
- Work with customers over the phone
- Assist with Pizza preparation from dough preparation to topping.
- Other duties as needed

EDUCATION

9/2022 - PRESENT

BAYSIDE HIGH SCHOOL HEALTH SCIENCES ACADEMY

Participated in Bayside High School Leadership Workshop

Member of Bayside Dance and Debate teams

Honor Roll Student

TESTS:

APs: AP Human - 2 AP US HIST - 4 AP BIO - 3 AP US GOV - 5 AP ENGLISH LANGUAGE - 3

SAT: 1210, 650 Reading and 560 Math

ACT: 26 Composite, 19 Math, 26 Science, 25 English, 33 Reading, 7 Writing

9/2019 – 06/2022

PLAZA MIDDLE SCHOOL INTERNATIONAL BACCALAUREATE PROGRAM

Active member of NJHS

Participated in Plaza Middle Leadership Workshop

Honor Roll Student

SKILLS:

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| <ul style="list-style-type: none">• Proficient in Google Workspace• Able to work well in a team setting• Strong written communication skills | <ul style="list-style-type: none">• Detail oriented• Honest, self-motivated and hard working• Persistent |
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VOLUNTEER EXPERIENCES

SCAPA - School of Creative and Performing Arts, Philippine Cultural Center, Virginia Beach, VA
2013-Present

I have been given opportunities to share with the Virginia Beach Community as well as the neighboring cities of Hampton Roads the dances and traditions of the Philippines. I recently performed with ODU and the Rouge Theater for the many showings of the Great Filipino American Aswang Pageant as part of SCAPA.

Sentara Junior Volunteer Training, Ambulatory Surgery Center Leigh Memorial Hospital, Norfolk, VA
July 2023-August 2023

I was given an opportunity to work first hand with the medical community assisting with patients that were checking out of the hospital.

Taekwondo Black Belt Instructor, Applied Martial Arts Academy, Virginia Beach, VA
June 2022-December 2023

Instructing students of various ages their forms and skills necessary in the discipline of Taekwondo.

EXTRACURRICULAR ACTIVITIES

Bayside High School National Honor Society - 2025-Present

Bayside High School VHSL Debate Team - 2024- Present

I competed in Lincoln Douglas Debate against other students at 2 tournaments, one of which was the regional level. I placed 5th place in the regional tournament.

Kappa League Chesapeake Virginia Beach Chapter - 2025-Present

REFERENCES:

- Bria M. Coles - Bayside Library Supervisor Bcoles@vbgov.com
Renrick J. Adams - Mentor ren42972@yahoo.com
Rachel C. Lizan - Mentor RachelCrist@gmail.com